

# Phys 4A Formula List

Use this to do the homework.  
A copy will be available on all exams.

(Updated 1/20/2016 by F. Ringwald)

1-D kinematic equations:

$$a = \text{constant}, t_i = 0, t_f = t$$

$$v(t) = v_i + at$$

$$x(t) = x_i + v_i t + \frac{1}{2} at^2$$

$$v_f^2 - v_i^2 = 2a \Delta x = 2a(x_f - x_i)$$

$$x_f - x_i = \frac{1}{2}(v_i + v_f)t$$

$$\bar{v} = \frac{v_i + v_f}{2}$$

$$\Delta x = x_f - x_i$$

$$\bar{v} \equiv \frac{x_f - x_i}{t_f - t_i} = \frac{\Delta x}{\Delta t}$$

$$\bar{v}_{\text{speed}} = \frac{d}{\Delta t}$$

$$v \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta x}{\Delta t} = \frac{dx}{dt}$$

$$\Delta x = x_f - x_i = \int_{t_i}^{t_f} v_x(t) dt$$

$$\bar{a} \equiv \frac{v_f - v_i}{t_f - t_i} = \frac{\Delta v}{\Delta t}$$

$$a \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta v}{\Delta t} = \frac{dv}{dt} = \frac{d^2 x}{dt^2}$$

$$\Delta v = v_f - v_i = \int_{t_i}^{t_f} a(t) dt$$

$$\vec{A} = A_x \hat{i} + A_y \hat{j}$$

$$|\vec{A}| = A = \sqrt{A_x^2 + A_y^2}$$

$$\theta = \tan^{-1} \left( \frac{A_y}{A_x} \right)$$

$$\begin{cases} A_x = A \cos \theta \\ A_y = A \sin \theta \end{cases}$$

$$|\vec{A} + \vec{B}|^2 = |\vec{A}|^2 + |\vec{B}|^2 + 2\vec{A} \cdot \vec{B}$$

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y + A_z B_z$$

$$= |\vec{A}| |\vec{B}| \cos \theta_{AB}$$

$$\vec{A} \times \vec{B} = |\vec{A}| |\vec{B}| \sin \theta_{AB}$$

Solutions for x  
in a quadratic equation

$$ax^2 + bx + c = 0$$

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

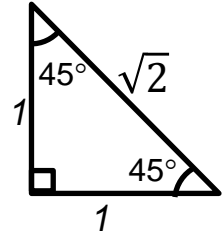
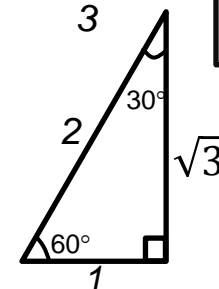
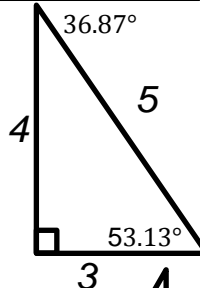
$$\Delta \vec{r} = \vec{r}_f - \vec{r}_i$$

$$\bar{\vec{v}} \equiv \frac{\vec{r}_f - \vec{r}_i}{t_f - t_i} = \frac{\Delta \vec{r}}{\Delta t}$$

$$\vec{v} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{r}}{\Delta t} = \frac{d\vec{r}}{dt}$$

$$\bar{\vec{a}} \equiv \frac{\vec{v}_f - \vec{v}_i}{t_f - t_i} = \frac{\Delta \vec{v}}{\Delta t}$$

$$\vec{a} \equiv \lim_{\Delta t \rightarrow 0} \frac{\Delta \vec{v}}{\Delta t} = \frac{d\vec{v}}{dt}$$



$$g = 9.8 \frac{m}{s^2} = 980 \frac{cm}{s^2}$$

$$1 m = 100 cm = 1000 mm$$

$$1 kg = 1000 g$$

$$T(\text{tera}) \equiv 10^{12}$$

$$G(\text{giga}) \equiv 10^9$$

$$M(\text{mega}) \equiv 10^6$$

$$k(\text{kilo}) \equiv 10^3$$

$$m(\text{milli}) \equiv 10^{-3}$$

$$\mu(\text{micro}) \equiv 10^{-6}$$

$$n(\text{nano}) \equiv 10^{-9}$$

$$p(\text{pico}) \equiv 10^{-12}$$

Relative motion:

$$\begin{cases} \vec{r}_{P,A} = \vec{r}_{P,B} + \vec{r}_{B,A} \\ \vec{v}_{P,A} = \vec{v}_{P,B} + \vec{v}_{B,A} \end{cases}$$

P, A: P relative to A

Galilean transformation:

$$\vec{v}_{B,A} = \text{constant}$$

$$\begin{cases} \vec{r}_{P,A} = \vec{r}_{P,B} + \vec{v}_{B,A} t \\ \vec{v}_{P,A} = \vec{v}_{P,B} + \vec{v}_{B,A} \\ \vec{a}_{P,A} = \vec{a}_{P,B} \end{cases}$$

3D spherical coordinates:

$$\vec{r} = x\hat{i} + y\hat{j} + z\hat{k}$$

$$r = \sqrt{x^2 + y^2 + z^2}$$

$$\begin{cases} z = r \cos \theta \\ x = r \sin \theta \cos \phi \\ y = r \sin \theta \sin \phi \end{cases}$$

Uniform circular motion:

$$v = \frac{2\pi r}{T}, T = \frac{2\pi r}{v}$$

$$\vec{a}_c = \frac{v^2}{r} (-\hat{r}), \vec{F}_c = m\vec{a}_c$$

For  $\vec{a} = a_x \hat{i} + a_y \hat{j} = \text{constant}$   
and  $t_0 = 0$  and  $t_f = t$ :

$$\vec{v}(t) = \vec{v}_0 + \vec{a}t$$

$$\begin{cases} v_x(t) = v_{0,x} + a_x t \\ v_y(t) = v_{0,y} + a_y t \end{cases}$$

$$\vec{r}(t) = \vec{r}_0 + \vec{v}_0 t + \frac{1}{2} \vec{a} t^2$$

$$\begin{cases} x(t) = x_0 + v_{0,x} t + \frac{1}{2} a_x t^2 \\ y(t) = y_0 + v_{0,y} t + \frac{1}{2} a_y t^2 \end{cases}$$

Projectile motion:

$$\begin{cases} v_{0,x} = v_0 \cos \theta_0 \\ v_{0,y} = v_0 \sin \theta_0 \end{cases} \begin{cases} a_x = 0 \\ a_y = -g \end{cases}$$

symmetric trajectory:

$$\begin{cases} h = \frac{v_0^2 \sin^2 \theta_0}{2g} \\ R = \frac{v_0^2 \sin 2\theta_0}{g} \end{cases}$$

$$\vec{F}_{net} = \sum \vec{F}_n = m\vec{a}$$

$$\begin{cases} F_{net,x} = ma_x \\ F_{net,y} = ma_y \\ F_{net,z} = ma_z \end{cases}$$

Action and reaction forces:

$$\vec{F}_{12} = -\vec{F}_{21}$$

Motion of a random trajectory:

$$\vec{a} = \vec{a}_r + \vec{a}_t$$

$$\vec{a}_r = \vec{a}_c = \frac{v^2}{r} (-\hat{r})$$

$$\vec{a}_t = \frac{d|\vec{v}|}{dt} \hat{t}$$

$$|\vec{a}| = \sqrt{|\vec{a}_r|^2 + |\vec{a}_t|^2}$$

$$\vec{F} = \vec{F}_r + \vec{F}_t$$

$$\vec{F}_r = m\vec{a}_r$$

$$\vec{F}_t = m\vec{a}_t$$

Magnitudes of frictional forces:

$$f_{s,max} = \mu_s N$$

$$f_k = \mu_k N$$

$$W = \vec{F} \cdot \Delta\vec{r} = F \Delta r \cos\theta = F_x \Delta x + F_y \Delta y + F_z \Delta z$$

$$\text{or } W = \int_{\vec{r}_i}^{\vec{r}_f} \vec{F} \cdot d\vec{r}$$

Hooke's law:  $\vec{F}_{sp} = -k\vec{x}$

Where  $x = 0$  is the equilibrium position

$$U_s = \frac{1}{2} kx^2$$

$$K = \frac{1}{2} mv^2 = \frac{p^2}{2m}$$

$$U_g = \begin{cases} mgy, & |y| \ll R_E \\ -G \frac{Mm}{r}, & r \geq R_E \end{cases}$$

$$E_{mech} = K + U_g + U_s$$

Every conservative force, such as gravitational force and spring force, has a corresponding potential energy so that  $\vec{F}_{cons} = -\vec{\nabla} U_{cons}$ .

Only conservative forces, such as gravitational force and spring force, in an isolated system:

$$\sum_n \vec{F}_{ext,n} = 0$$

$$\Rightarrow E_{mech,i} = E_{mech,f}$$

Other external forces & friction forces acting upon a system:

$$\sum_n \vec{F}_{ext,n} \neq 0$$

$$\Rightarrow \Delta E_{mech} = E_{mech,f} - E_{mech,i}$$

$$= W_{friction} + W_{other\ external\ forces}$$

where  $W_{friction} = -f_k d$

$$\phi_{avg} = \frac{\Delta E}{\Delta t} = \frac{W}{\Delta t}$$

$$\begin{aligned} \phi &= \lim_{\Delta t \rightarrow 0} \frac{\Delta E}{\Delta t} = \frac{dE}{dt} \\ &= \frac{dW}{dt} = \vec{F} \cdot \frac{d\vec{r}}{dt} = \vec{F} \cdot \vec{v} \end{aligned}$$

$$\vec{p} = m\vec{v}, \quad \sum \vec{F}_{external} = \frac{d\vec{p}}{dt}$$

$$\vec{I} = \Delta\vec{p} = \vec{p}_f - \vec{p}_i = \int \vec{F}_{net,ext} dt$$

$$\vec{F}_{avg} = \frac{\vec{I}}{\Delta t} = \frac{\Delta\vec{p}}{\Delta t}$$

Elastic collision in 1 D

(such as a head-on collision):

$$\begin{cases} v_{1,f} = \left( \frac{m_1 - m_2}{m_1 + m_2} \right) v_{1,i} + \left( \frac{2m_2}{m_1 + m_2} \right) v_{2,i} \\ v_{2,f} = \left( \frac{2m_1}{m_1 + m_2} \right) v_{1,i} + \left( \frac{m_2 - m_1}{m_1 + m_2} \right) v_{2,i} \end{cases}$$

Newton's Law of Universal Gravitation: exerted by 1 on 2

$$\vec{F}_{12} = -\frac{Gm_1m_2}{r^2} \hat{r}_{12}$$

$$r = |\vec{r}_2 - \vec{r}_1|$$

$$\hat{r}_{12} \equiv \frac{\vec{r}_2 - \vec{r}_1}{r}$$

$$G = 6.67 \times 10^{-11} \text{ N}\cdot\text{m}^2/\text{kg}^2$$

$$U_{g,circular\ orbit} = -2K$$

$$M_{Sun} = 1.9891 \times 10^{30} \text{ kg}$$

$$R_{Sun} = 6.955 \times 10^8 \text{ m}$$

$$M_{Earth} = 5.9722 \times 10^{24} \text{ kg}$$

$$R_{Earth} = 6.3781 \times 10^6 \text{ m}$$

$$M_{Moon} = 7.3477 \times 10^{22} \text{ kg}$$

$$R_{Moon} = 1.7374 \times 10^6 \text{ m}$$

Center of mass (CM) of a system:

$$M = \sum_n m_n$$

$$\vec{r}_{CM} = \frac{\sum_n m_n \vec{r}_n}{M}$$

$$\vec{v}_{CM} = \frac{d\vec{r}_{CM}}{dt} = \frac{\sum_n \vec{p}_n}{M} = \frac{\sum_n m_n \vec{v}_n}{M}$$

$$\vec{a}_{CM} = \frac{d\vec{v}_{CM}}{dt} = \frac{\sum \vec{F}_{ext}}{M}$$

$$\vec{r}_n = \vec{r}_{CM} + \vec{r}_{n,CM}$$

$$\vec{v}_n = \vec{v}_{CM} + \vec{v}_{n,CM}$$

$$K = K_{CM} + K_{REL}$$

Rocket propulsion:

$$M \Delta v = v_{ex} \Delta m$$

Thrust:

$$\begin{aligned} M \frac{dv}{dt} &= \left| v_{ex} \frac{dM}{dt} \right| \\ &= -v_{ex} \frac{dM}{dt} \end{aligned}$$

$$\Delta v = v_f - v_i$$

$$= v_{ex} \ln \frac{M_i}{M_f}$$

$$\omega = \frac{d\theta}{dt}; \quad \alpha = \frac{d\omega}{dt}$$

$$s = r\theta$$

$$v = v_t = r\omega$$

$$a_t = r\alpha, \quad a_r = r\omega^2$$

$$\vec{a} = \vec{a}_t + \vec{a}_r$$

$$|\vec{a}| = a = \sqrt{(a_t)^2 + (a_r)^2}$$

$$I = \sum_n m_n r_n^2$$

$$= \int r^2 \rho dV = \int r^2 \sigma dA = \int x^2 \lambda dx$$

$$\rho = \frac{M}{V}, \quad \sigma = \frac{M}{A}, \quad \lambda = \frac{M}{L}$$

### Parallel-axis theorem

$$I_P = I_{CM} + MD^2$$

For  $\alpha = \text{constant}$   
and  $t_i = 0$  and  $t_f = t$ :

$$\omega(t) = \omega_i + \alpha t$$

$$\theta(t) = \theta_i + \omega_i t + \frac{1}{2} \alpha t^2$$

$$\omega_f^2 - \omega_i^2 = 2\alpha \Delta\theta = 2\alpha(\theta_f - \theta_i)$$

$$\theta_f - \theta_i = \frac{1}{2}(\omega_i + \omega_f)t$$

$$\vec{\tau} = \vec{r} \times \vec{F}$$

$$\tau = |\vec{\tau}| = rF \sin\phi$$

$$= rF_t = d \cdot F = I\alpha$$

( $d \equiv \begin{cases} \text{moment arm} \\ \text{lever arm} \end{cases}$ )

$$K = K_{CM} + K_{REL} = K_{trans} + K_R$$

$$K_{CM} = K_{trans} = \frac{1}{2} M v_{CM}^2$$

$$K_{REL} = K_R = \frac{1}{2} I_{CM} \omega^2$$

$$\vec{\tau}_{ext,net} = \sum \vec{\tau}_{ext} = I \vec{\alpha}$$

$$\vec{\tau}_{ext,net} = \sum \vec{\tau}_{ext} = \frac{d\vec{L}_{tot}}{dt}$$

$$K_R = \frac{1}{2} I \omega^2 = \frac{L^2}{2I}$$

$$W = \tau \Delta\theta$$

$$\wp = \frac{dW}{dt} = \tau \omega$$

$$\vec{L} = \vec{r} \times \vec{p}$$

$$L = |\vec{L}| = r m v \sin\phi = I\omega$$

Conservation laws for an isolated system:

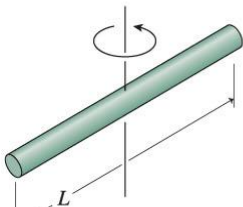
$$\sum \vec{F}_{ext} = 0 \text{ (including } f_k = 0)$$

$$\Rightarrow E_{mech,i} = E_{mech,f}$$

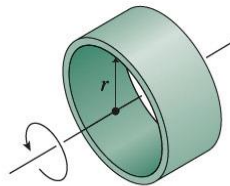
$$\sum \vec{F}_{ext} = 0 \Rightarrow (\sum_n \vec{p}_n)_i = (\sum_n \vec{p}_n)_f$$

$$\sum \vec{\tau}_{ext} = 0 \Rightarrow (\sum_n \vec{L}_n)_i = (\sum_n \vec{L}_n)_f$$

Table 10.2 Rotational Inertias

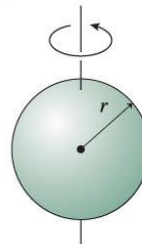


Thin rod about center  
 $I = \frac{1}{12} ML^2$

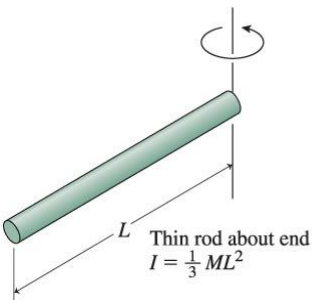
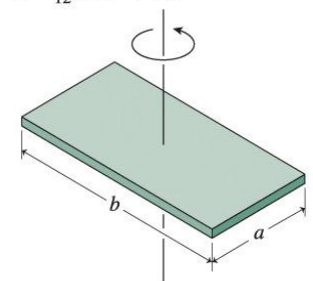


Thin ring or hollow cylinder about its axis  
 $I = MR^2$

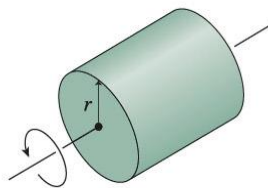
Solid sphere about diameter  
 $I = \frac{2}{5} MR^2$



Flat plate about perpendicular axis  
 $I = \frac{1}{12} M(a^2 + b^2)$

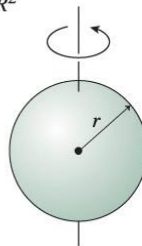


Thin rod about end  
 $I = \frac{1}{3} ML^2$

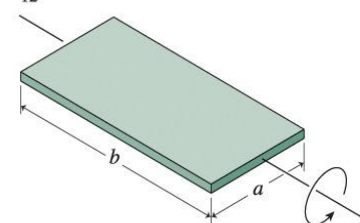


Disk or solid cylinder about its axis  
 $I = \frac{1}{2} MR^2$

Hollow spherical shell about diameter  
 $I = \frac{2}{3} MR^2$



Flat plate about central axis  
 $I = \frac{1}{12} Ma^2$



S.H.M. in a spring-mass system:

$$F_{net} = ma = -kx$$

$$m \frac{d^2x}{dt^2} = -kx \Rightarrow \frac{d^2x}{dt^2} = -\frac{k}{m}x$$

$$\begin{cases} x(t) = A \cos(\omega t + \phi) \\ v(t) = \frac{dx}{dt} = -\omega A \sin(\omega t + \phi) \\ a(t) = \frac{dv}{dt} = -\omega^2 A \cos(\omega t + \phi) \end{cases}$$

$$\omega = \sqrt{\frac{k}{m}}, \omega = 2\pi f, \quad f = \frac{1}{T}$$

S.H.M. of a torsional pendulum

$$\tau_{net} = -\kappa \theta, \tau_{net} = I\alpha$$

$$\Rightarrow \frac{d^2\theta}{dt^2} \approx -\frac{\kappa}{I}\theta$$

S.H.M. of a physical pendulum

$$\tau_{net} = -R_{CM} mg \sin\theta = I\alpha$$

small angle approximation:  $\sin\theta \approx \theta$

$$\Rightarrow \frac{d^2\theta}{dt^2} \approx -\frac{R_{CM}mg}{I}\theta$$

**Static Equilibrium**

$$\begin{cases} \sum_n \vec{F}_{ext,n} = 0 \\ \sum_m \vec{\tau}_{ext,m} = 0 \end{cases}$$

S.H.M. of a simple pendulum

$$F_{net} = F_t = ma = -mg \sin\theta$$

small angle approximation:  $\sin\theta \approx \theta$

$$m \frac{d^2x}{dt^2} \approx -mg\theta = -mg \frac{x}{L}$$

$$\Rightarrow \frac{d^2x}{dt^2} \approx -\frac{g}{L}x$$

$$\text{or } m \frac{d^2x}{dt^2} \approx -mg\theta \Rightarrow mL \frac{d^2\theta}{dt^2} \approx -mg\theta$$

$$\Rightarrow \frac{d^2\theta}{dt^2} \approx -\frac{g}{L}\theta$$

**Static Pressure:**  $P = P_0 + \rho_{fluid}gh$

**The Archimedes Principle:**

$$B = \rho_{Fluid} V_{Sub} g$$

**Pascal's Law:**

$$P_1 = P_2 \Leftrightarrow \frac{F_1}{A_1} = \frac{F_2}{A_2}$$

**Continuity Equation:**

$$A_1v_1 = A_2v_2$$

**Bernoulli's Equation:**

$$P + \frac{1}{2}\rho_{fluid}v^2 + \rho_{fluid}gy = \text{constant}$$

$$1 \text{ atm} \equiv 1.013 \times 10^5 \text{ Pa} = 760 \text{ mm Hg} \\ \cong 14.7 \text{ psi}$$

$$1 \text{ psi} \equiv \frac{1 \text{ lbf}}{(1 \text{ inch})^2}$$

$$1 \text{ lb} = 0.454 \text{ kg}; \quad 1 \text{ inch} = 2.54 \text{ cm}$$