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### **Sport Psychology Curriculum Vita**

#### **WORK EXPERIENCE**

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|--|---|
| California State University,<br>Fresno   | <b>Assistant Professor – Sport Psychology / Pedagogy</b><br><b>Director, Graduate Specialization in Sport Psychology</b><br>Department of Kinesiology<br>August 2000 - present  |
| University of California,<br>Los Angeles | <b>Postdoctoral Fellowship - International Center for Talent Development</b><br>September 1999 – July 2000<br>Center director: Dr. Tara Scanlan<br>Duties included assisting in research, teaching, outreach, administration, organization and fundraising. |

#### **EDUCATION**

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|----------------------|---|
| University of Ottawa | <b>Doctorate in Education (Psychopedagogy)</b><br>Degree obtained: 1999<br>Thesis title:<br>Connected Cycles of Reflection: The Experiential Learning Process used by Youth Team Sport Coaches to Develop Coaching Strategies<br>Committee members: Dr. Pierre Trudel (School of Human Kinetics), Dr. Bradley Cousins (Faculty of Education), Dr. Raymond Leblanc (Faculty of Education), Dr. John Salmela (School of Human Kinetics), Dr. Marielle Tousignant (Laval University) |
| University of Ottawa | <b>Master of Arts (Human Kinetics)</b><br>Degree obtained: 1995<br>Thesis title:<br>An Inductive Analysis of Intramural Ice Hockey Officiating: A Case Study<br>Committee members: Dr. Pierre Trudel (School of Human Kinetics), Dr. Terry Orlick (School of Human Kinetics), Dr. John Salmela (School of Human Kinetics)   |
| University of Ottawa | <b>Bachelor of Physical Education (<i>Honours, Cum Laude</i>)</b><br>Degree obtained: 1993  |

## SPORT PSYCHOLOGY TEACHING EXPERIENCE

- 2002**      **Instructor, Department of Kinesiology**, California State University, Fresno  
KIN 250T – Psychobiology of Sport and Exercise (Spring 2002)  
Course level: Graduate
- 2002-2003**      **Instructor, Department of Kinesiology**, California State University, Fresno  
(2 times)      KIN 180T – Introduction to Sport Psychology (Spring 2002, Spring 2003)  
Course level: Undergraduate
- 2001-2002**      **Instructor, Department of Kinesiology**, California State University, Fresno  
(2 times)      KIN 250T – Psychopedagogy of Talent Development (Spring 2001)  
Course level: Graduate
- 2000**      **Instructor, Department of Kinesiology**, California State University, Fresno  
KIN 263 – Psychology of Sport (Fall 2000)  
Course level: Graduate
- 2000**      **Instructor, International Center for Talent Development (ICTD)**, University of  
California, Los Angeles  
Psychology 194A – Research in Psychology (Spring 2000)  
Course level: Undergraduate
- 1999-2000**      **Instructor, International Center for Talent Development (ICTD)**, University of  
(3 times)      California, Los Angeles  
SRP - Student Research Project (Fall 1999, Winter 2000, Spring 2000)  
Course level: Undergraduate

## SPORT PSYCHOLOGY ACADEMIC PUBLICATIONS

### *Refereed*

18. Trudel, P., & Gilbert, W. D. (in preparation). **Coaching and coach education**. In D. Kirk, M. O'Sullivan, & D. McDonald (Eds.), Handbook of Research in Physical Education. London: Sage.
17. Trudel, P., & Gilbert, W. (in press). **Communities of practices as an approach to foster ice hockey coach development**. STP 1446, Safety in Ice Hockey: Fourth Volume.
16. Hansen, B., Gilbert, W., & Hamel, T. (in press). **Successful coaches' views on motivation and motivational Strategies**. Journal of Physical Education, Recreation, and Dance.
15. Gilbert, W. D., & Trudel, P. (in press). **Role of the coach: How model youth team sport coaches frame their roles**. The Sport Psychologist.

14. Côté, J., & Gilbert, W. (in press). **Coaching and officiating for junior sport participants** Australian Sports Commission.
13. Gilbert, W. D., & Trudel, P. (in press). **Learning to coach through experience: Conditions that influence reflection.** The Physical Educator.
12. Culver, D. M., Gilbert, W. D., & Trudel, P. (2003). **A decade of qualitative research in sport psychology journals: 1990-2000.** The Sport Psychologist, 17, 1-15.
11. Gilbert, W., & Trudel, P. (2001). **Learning to coach through experience: Reflection in model youth sport coaches.** Journal of Teaching in Physical Education, 21, 16-34.
10. Trudel, P. Gilbert, W., & Tochon, F. (2001). **The use of video in the construction of knowledge and meaning in sport pedagogy research.** International Journal of Applied Semiotics, 2(1-2), 89-112.
9. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). **Coaching strategies for youth sports. Part 1: Athlete behavior and athlete performance.** Journal of Physical Education, Recreation and Dance, 72(4), 29-33.
8. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). **Coaching strategies for youth sports. Part 2: Personal characteristics, parental influence, and team organization.** Journal of Physical Education, Recreation and Dance, 72(5), 41-46.
7. Gaumond, S., Trudel, P., & Gilbert, W. (2000). **Amateur youth ice hockey coaches' views on rule infractions, aggressive play and injuries during games.** Safety in Ice Hockey: Third Volume, ASTM STP 1341, 261-273.
6. Gilbert, W., & Trudel, P. (2000). **A profile of rule infractions in bantam level ice hockey.** Safety in Ice Hockey: Third Volume, ASTM STP 1341, 291-301.
5. Gilbert, W., & Trudel, P. (2000). **Validation of the Coaching Model (CM) in a team sport context.** International Sports Journal, 4(2), 120-128.
4. Gilbert, W., & Trudel, P. (1999). **An evaluation strategy for coach education programs.** Journal of Sport Behavior, 22, 234-250.
3. Gilbert, W. D., Trudel, P., & Haughian, L. (1999). **Interactive decision making factors considered by coaches of youth ice hockey during games.** Journal of Teaching in Physical Education, 18, 290-311.
2. Seaborn, P., Trudel, P., & Gilbert, W. (1998). **Instructional content provided to female ice hockey players during games.** Applied Research in Coaching and Athletics Annual, 13, 119-141.

1. Trudel, P., & Gilbert, W. (1995). **Research on coaches' behaviors: Looking beyond the refereed journals.** *Avante*, 1(2), 94-106.

*Non-refereed*

6. Gilbert, W. (2003, May). **Motivation through positive coaching.** *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>.
5. Gilbert, W. (2002, September). **The science of coaching.** *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>
4. Gilbert, W., & Graduate Class of 250T. (2001). **Elements of talent across domains.** *Journal of Excellence*, 5, 63-77. Retrieved from <http://www.zoneofexcellence.com/Journal/Issue5/index.html>
3. Gilbert, W., Trudel, P., Gaumond, S., & Larocque, L. (1999). **Development and application of an instrument to analyze coaches' pedagogical content interventions.** [35 paragraphs]. *Sociology of Sport On-line*, 2(2). Retrieved from <http://physed.otago.ac.nz/sosol/v2i2/v2i2.htm>
2. Gilbert, W., & Bonadie, J. (1996). **Extending the coach's role during competitions: Moving beyond observation and team management.** *Journal for the Ontario Physical and Health Education Association, Autumn*, 32-34.
1. Gilbert, J., & Gilbert, W. (1996). **Skill analysis: A coach's most valued possession.** *Journal for the Ontario Physical and Health Education Association, Autumn*, 36-38.

*Reports*

1. Gilbert, W. D. (2002, June). **An annotated bibliography and analysis of coaching science: 1970-2001.** Washington, DC: American Alliance for Health, Physical Education, Recreation, and Dance. Available <<http://www.aahperd.org/research/template.cfm?template=grantees.html>>

**SPORT PSYCHOLOGY CONFERENCE PRESENTATIONS**

*Refereed*

35. **Innovative research methodologies for understanding and improving coaching.** (Côté, J., Baker, J., Horton, S., Deakin, J., Wall, M., Gilbert, W., Cullen, J., & Starkes, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.

34. **Tracing the developmental process of successful coaches.** (Gilbert, W., & Côté, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.
33. **Developmental activity profiles of successful coaches.** (Gilbert, W., Niino, A., Wahl, M-T., & Conway, M.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
32. **The meaning of motivation and motivational strategies in Division I men's college basketball.** (Hansen, B., Gilbert, W., & Hamel, T.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
31. **A partnernship learning program for sport coaches.** (Gilbert, W., & Barton, D.). California Association for Health, Physical Education, Recreation, and Dance held in March in Sacramento, California, 2003.
30. **Developing character through a partnership learning program.** (Barton, D., & Gilbert, W.). Sports, Character, and Responsible Citizenship Conference held in March in Notre Dame, Indiana, 2003.
29. **Developmental characteristics of sport involvement: Profiles of athletes, parents, and coaches.** (Côté, J., Robertson-Wilson, J., Deakin, J., Gilbert, J. N., Gilbert, W. D., Harada, C., Marchbanks, G., & Niino, A.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
28. **Development of successful high school softball coaches.** (Niino, A., Gilbert, W. D., & Côté, J.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
27. **Comparison of developmental activities of NCAA Division I and recreational baseball players.** (Gilbert, J. N., Côté, J., Harada, C., Marchbanks, G., & Gilbert, W. D.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
26. **Tracing the development of athletes, parents, and coaches with structured interview protocols.** (Côté, J., Robertson-Wilson, J., Gilbert, J. N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
25. **Communities of practices as an approach to foster ice hockey coach development.** (Trudel, P., & Gilbert, W.). Fourth International Symposium on Safety in Ice Hockey held in May in Pittsburgh, USA, 2002.
24. **Tracing the development of expertise in coaching.** (Gilbert, W., Kulikov, N., Niino, A., Trudel, P., & Côté, J.). American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.

23. **Reasons for commitment and disengagement in Division 1-A college baseball.** (Collet, L. A., Cottle, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
22. **Sources of stress for the female adolescent athlete.** (Gilbert, J. N., Gilbert, W., and Morawski, C.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
21. **Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches.** (Kulikov, N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
20. **Defining and achieving balance for mothers in athletics.** (Rice, L., Gilbert, W., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
19. **An integrative approach to examining the development of coaching excellence.** (Gilbert, W., Fournier, J., Côté, J., Salmela, J., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
18. **Mapping the developmental paths of youth sport coaching excellence.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
17. **Team dynamics as a critical source of stress for female adolescent soccer athletes.** (Gilbert, J., Gilbert, W., & Morawski, C). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
16. **Adolescent female soccer players' views on stress and coping.** (Gilbert, J.N., Gilbert, W., & Morawski, C.). Association for the Advancement of Applied Sport Psychology held in September in Banff, Canada, 1999.
15. **Youth coaches and sport psychology: From challenges to professional growth** (Gilbert, W., Trudel, P. & Gilbert, J.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
14. **Insight into coaches' thoughts: Factors that influence the interactive decisions of youth ice hockey coaches during practices** (Gaumond, S., Trudel, P., Gilbert, W., & Larocque, L.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
13. **How do youth sport coaches learn to coach?** (Gilbert, W.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.

12. **Symposium: Development and application of an instrument to analyze coaches' instructional content** (Gilbert, W., Trudel, P., Gaumond, S., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
11. **Instructional content provided to youth ice hockey players in practices** (Gaumond, S., Gilbert, W., Trudel, P., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
10. **Instructional content provided to youth ice hockey players in games** (Larocque, L., Gilbert, W., Trudel, P., & Gaumond, S.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
9. **Planning in action: The planning process of an experienced collegiate ice hockey coach** (Gilbert, W., Trudel, P., & Gaumond, S.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Niagara Falls, Canada, 1997.
8. **A case study of elite team sport coaching** (Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in September in San Diego, USA, 1997.
7. **Amateur coaches' views on rule infractions, injuries, and aggressive play** (Gaumond, S., Trudel, P., & Gilbert, W.). Third International Symposium on Safety in Ice Hockey held in May in St. Louis, USA, 1997.
6. **Measuring knowledge transfer following exposure to a coaching education program.** (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
5. **Research into the pedagogical aspect of amateur ice hockey coaching** (Trudel, P., Gilbert, W., Gaumond, S., Lapierre, M., Seaborn, P., Wilcox, S., & Haughian, L.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
4. **Factors affecting decision making and rule enforcement in ice hockey officiating** (Gilbert, W., Trudel, P., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
3. **A look at 20 years of studies on coaches' behaviors** (Trudel, P., Gilbert, W., & Donohue, J.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
2. **Variables affecting intramural ice hockey referees** (Bloom, G., Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.

1. **A qualitative analysis of mental training methods used by NCAA hockey players** (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.

*Invited*

6. **Careers in sport psychology.** (Gilbert, J., Gilbert W., & Hamel, T.). KPC Kinesiology Conference, held in October in Fresno, CA, 2002.
5. **An overview of three decades of research with coaches: 1970-2001.** (Gilbert, W., Conway, M., Niino, A., & Perry, N.) American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.
4. **Sport psychology for track and field coaching.** (Gilbert, W., Cheema, R., Gilbert, J.N., & Hamel, T.) Center for Excellence Track and Field Clinic held in December in Fresno, California, 2001.
3. **Fresno State vision for sport psychology research and practice.** (Gilbert, W.). Bay Area Sport Psychology Meeting held in May in Hayward, CA, 2001.
2. **Are you ready for the challenge? Typical youth sport coaching issues and the strategies used by model coaches.** (Gilbert, W.). Invited presentation, Fresno State University Spring Physical Education Workshop, held in February in Fresno, California, 2000.
1. **Limits of our knowledge about youth sport: Examples from ice hockey.** (Trudel, P., & Gilbert, W.). Invited presentation, Research seminar with Dr. Rolf Carlson, held in November in Stockholm, Sweden, 1999.

*Non-refereed*

16. **Three decades of coaching science: 1970-2001.** (Gilbert, W., Conway, M., Niino, A., & Perry, N.). Southwest Sport and Exercise Psychology Symposium held in April in Fresno, CA, 2002.
15. **30 years of coaching science: An update.** (Gilbert, W., Conway, M., Niino, A., & Perry, N.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
14. **Sport psychology consulting in central California.** (Marchbanks, G., & Gilbert, W.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
13. **Talent development in successful high school softball coaches: A proposal.** (Niino, A., & Gilbert, W.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
12. **Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches.** (Kulikov, N., & Gilbert, W.). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.



11. **Developing talent through the Wheel of Excellence and the Pyramid of Success.** (Class of KINES 250T). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
10. **Mapping the development of coaching excellence.** (Gilbert, W., & Mowjood, S.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
9. **Current research at the International Center for Talent Development.** (Gilbert, W., Babkes, M., Beals, K., Seder, D., & Scanlan, T.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
8. **Mental skills used by firefighters.** (Hamel, T., & Gilbert, W.) Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
7. **Benching athletes as a youth sport coaching strategy: Implications for youth development.** (Gilbert, W.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1999.
6. **Resolution of sport psychology issues by youth soccer coaches** (Gilbert, W., Gilbert, J., & Trudel, P.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1998.
5. **Tools used to measure the effects of a coach education course** (Gilbert, W., Trudel, P., Seaborn, P., & Haughian, L.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
4. **Investigating coaches' knowledge structures using systematic observation** (Seaborn, P., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
3. **Decision-making factors related to a youth ice hockey coach during games** (Haughian, L., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
2. **Athletic scholarships: Perspectives of Canadian NCAA hockey players** (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
1. **An analysis of on-ice activities in novice hockey at the house league and competitive levels of play** (Chouinard, N., Gilbert, W., Lamothe, R., Trudel, P., & Joanne, Y.). L'Association Québécoise des Sciences de l'Activité Physique held on March 5 in Ottawa, 1994.

## SPORT PSYCHOLOGY SERVICE

### *Committees*

- 2002-present**     **Member, Web Development and Promotion Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2000-present**     **Director, Graduate Specialization in Sport Psychology**, California State University, Fresno, Department of Kinesiology
- 2001-present**     **Faculty Advisor, Student Sport Psychology Club**, California State University, Fresno, Department of Kinesiology
- 2001-2002**        **Chair**, Web Oversight Committee, Association for the Advancement of Applied Sport Psychology (AAASP)
- 1998 - 2001**      **Member of Technology Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 1995**                **Member of the Organizing Committee**, World Congress on Mental Training held in Ottawa, Canada, in May 1995.

### *Review Boards*

- 2002-present**     **Section Editor - Coaching**, PELINKS4U
- 2001-present**     **Editorial Board Member**, Asian Journal in Exercise and Sports Science
- 2000-present**     **Guest Reviewer**, The Sport Psychologist
- 2002-present**     **Guest Reviewer**, Journal of Applied Sport Psychology
- 2000-2002**        **Guest Reviewer**, Journal of Sport and Exercise Psychology
- 2001**                **Guest Reviewer**, Perceptual and Motor Skills
- 1997 - 2002**      **Guest Reviewer**, Avante

### *Performance Enhancement Consulting*

- 2002-present**     Elite Amateur Fencing (male national team member)
- 2003-present**     Division 1 College Track & Field (throwing events)
- 2003**                Professional Bowling (male athlete)
- 2001**                Division 1 College Soccer (male athlete)

*Media Contributions*

- 2003**                *The Fresno Bee*
- 2003**                *ESPN*
- 2000**                *Orange County Register*

**SPORT PSYCHOLOGY AND COACHING MEMBERSHIPS**

- 1993 - present**    **AAASP:** Association for the Advancement of Applied Sport Psychology
- 2000 - present**    **AAHPERD:** American Alliance for Health, Physical Education Recreation and Dance.
- 2001-present**     **ISSP:** International Society of Sport Psychology
- 2000-present**     **NASPE:** National Association for Sport and Physical Education
- 2002-present**     **PCA:** Positive Coaching Alliance